

## PLATE LUNCH PRICES:

\$2.90- REGULAR

\$0.40 - REDUCED

NO CHARGE - FREE

If you receive free or reduced priced lunch, you are also eligible to receive a free or reduced price breakfast.

A STUDENT MUST TAKE A FRUIT OR VEGETABLE TO MAKE A PLATE LUNCH!

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

NO SCHOOL

Jan 1

NO SCHOOL

Jan 2

TURKEY GYRO  
CHICKEN PATTY/BUN  
KETCHUP  
MAYO  
MUSTARD  
CALZONE  
BEEF NACHOS  
w/CHEESE SAUCE  
CHILI  
W/CORNBREAD  
& GOLDFISH  
CRACKERS  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
BLACK BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Jan 3

SUB CHOICE  
CHICKEN TENDERS  
W/RANCH  
BBQ SAUCE  
KETCHUP  
SPICY CHICKEN PATTY/BUN  
MUSTARD  
MAYO  
CHICKEN POTATO BOWL  
& DINNER ROLL  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Jan 4

SUB CHOICE  
KETCHUP  
MUSTARD  
MAYO  
CHICKEN & CHEESE  
QUESADILLA  
& SALSA  
W/SOUR CREAM  
SPICY CHICKEN PATTY/BUN  
PHILLY CHEESESTEAK  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
BAKED BEANS  
CELERY STICKS  
CANNED FRUIT  
FRESH FRUIT  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Jan 7

ITALIAN SUB  
PORK BBQ/BUN  
CALZONE  
CHICKEN TENDERS  
KETCHUP  
BBQ SAUCE  
W/RANCH  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
BAKED BEANS  
CELERY STICKS  
CANNED FRUIT  
FRESH FRUIT

Jan 8

TURKEY BACON CLUB  
KETCHUP  
MUSTARD  
MAYO  
CHEESE DUNKERS  
W/PIZZA SAUCE  
SPICY CHICKEN PATTY/BUN  
CHICKEN  
W/CORNBREAD  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
MASHED POTATOES w/GRAVY  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Jan 9

TURKEY GYRO  
CHICKEN PATTY/BUN  
KETCHUP  
MUSTARD  
MAYO  
CHICKEN NUGGETS  
W/RANCH  
BBQ SAUCE  
CHINESE CHICKEN  
W/RICE  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
BROCCOLI  
FRESH CARROTS  
CANNED FRUIT  
FRESH FRUIT

Jan 10

SUB CHOICE  
KETCHUP  
MUSTARD  
MAYO  
SPICY CHICKEN PATTY/BUN  
CHICKEN FRYZ  
W/RANCH  
BBQ SAUCE  
MACARONI & CHEESE  
W/SOFT PRETZEL  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
GREEN BEANS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Jan 11

Jan 14

SUB CHOICE  
CHICKEN TENDERS  
SPICY CHICKEN PATTY/BUN  
MAYO  
TACO WEDGE  
W/SOUR CREAM  
& SALSA  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
CORN  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
BBQ SAUCE  
KETCHUP  
MUSTARD

Jan 15

ITALIAN SUB  
CINNAMON  
FRENCH TOAST  
& SAUSAGE  
CHICKEN PATTY/BUN  
MAYO  
KETCHUP  
MUSTARD  
HOT DOG/BUN(HS/CTC)  
w/CONEY SAUCE  
PIZZA  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
HASH BROWN  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Jan 16

TURKEY BACON CLUB  
MAYO  
MUSTARD  
CALZONE  
CHEESEBURGER/BUN  
KETCHUP  
CHICKEN ALFREDO  
W/TEXAS TOAST  
ROTINI W MEAT OR MARINARA  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
BROCCOLI  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Jan 17

TURKEY GYRO  
CHICKEN NUGGETS  
W/RANCH  
BBQ SAUCE  
KETCHUP  
SOFT TACO  
CHICKEN PATTY/BUN  
MUSTARD  
MAYO  
NOODLE/RICE BAR  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
BLACK BEANS  
CELERY STICKS  
CANNED FRUIT  
FRESH FRUIT

Jan 18

SUB CHOICE  
CHICKEN POTATO BOWL  
& DINNER ROLL  
FIESTADA PIZZA  
SPICY CHICKEN PATTY/BUN  
KETCHUP  
MUSTARD  
MAYO  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
POTATO  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Jan 21

NO SCHOOL

Jan 22

ITALIAN SUB  
SPICY POPCORN CHICKEN  
KETCHUP  
W/RANCH  
BBQ SAUCE  
CHICKEN PATTY/BUN  
MUSTARD  
MAYO  
TRAVELING TACO  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
REFRIED BEANS  
CELERY STICKS  
CANNED FRUIT  
FRESH FRUIT

Jan 23

TURKEY BACON CLUB  
KETCHUP  
MUSTARD  
MAYO  
CORN DOG  
PORK BBQ/BUN  
CHICKEN TENDERS  
W/RANCH  
BBQ SAUCE  
LASAGNA ROLL-UP  
W/TEXAS TOAST  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
VEGETABLE MEDLEY  
CUCUMBER & TOMATO  
CANNED FRUIT  
FRUIT JUICE

Jan 24

TURKEY GYRO  
ROADHOUSE BURGER  
FIESTADA PIZZA  
CHINESE CHICKEN  
W/RICE  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Jan 25

SUB CHOICE  
MAYO  
MUSTARD  
KETCHUP  
CHICKEN FRYZ  
W/RANCH  
BBQ SAUCE  
SPICY CHICKEN PATTY/BUN  
MACARONI & CHEESE  
W/SOFT PRETZEL  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
GREEN BEANS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Jan 28

SUB CHOICE  
KETCHUP  
MUSTARD  
MAYO  
TACO WEDGE  
W/SOUR CREAM  
& SALSA  
SPICY CHICKEN PATTY/BUN  
CHICKEN PHILLY SANDWICH  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
CORN  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Jan 29

ITALIAN SUB  
CHICKEN PATTY/BUN  
KETCHUP  
MUSTARD  
MAYO  
HOT N' SPICY TENDERS  
W/RANCH  
BBQ SAUCE  
SAUSAGE GRAVY W/BISCUIT  
& SAUSAGE  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
HASH BROWN  
CELERY STICKS  
CANNED FRUIT  
FRESH FRUIT

Jan 30

TURKEY BACON CLUB  
KETCHUP  
MUSTARD  
MAYO  
BUFFALO CHICKEN STROMBOLI  
CHEESEBURGER/BUN  
CHICKEN ALFREDO  
W/TEXAS TOAST  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
BROCCOLI  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Jan 31

TURKEY GYRO  
CHICKEN PATTY/BUN  
KETCHUP  
MAYO  
MUSTARD  
CALZONE  
BEEF NACHOS  
w/CHEESE SAUCE  
CHILI  
W/CORNBREAD  
& GOLDFISH  
CRACKERS  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
YOGURT FRUIT PLATE  
CHEF SALAD  
BLACK BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

A VARIETY OF FAT FREE FLAVORED MILK AND WHITE 1% MILK IS OFFERED DAILY!

ALL ITEMS ARE SUBJECT TO CHANGE.

This institution is an equal opportunity provider.